

# St. Teresa of Avila

## Roman Catholic Church

19 Flamingo Dr., Elmira, ON N3B 1V3  
519-669-3387  
stteresaelmira@hamiltondiocese.com

Website: [www.stteresaelmira.ca](http://www.stteresaelmira.ca)

Established on the Second Sunday of Easter, 1851.

**Pastor:** Rev. Peter Meyer

frpetermeyer@gmail.com

**Deacon:** Rev. Mr. Basil Markides

**Office Administration:** Donna Vollmer

**Sacramental Preparation:** Iris Miltenburg

**Office Hours:**

Tuesday to Friday 9:00 a.m. – 1:00 p.m.



### Mass Times

Saturday 5:00 p.m.  
Sunday 9:00 a.m.

### Weekday Masses

see inside

### Reconciliation

Tuesday 6:30 p.m. - 7:00 p.m.,  
or by request.

### Sacrament of Baptism (3rd Sunday of the month outside of Lent)

Parents, please pick up Baptism  
package from the parish office.

### Sacrament of Marriage

Please contact office six months  
prior to desired date.  
Marriage Prep offered.

### Sacrament of the Sick

Please notify the parish office of  
loved ones who are housebound  
or in the hospital so they may  
receive the comfort of the Church's  
sacraments and prayer.

### Outreach Ministry (A Ministry of Visitation)

Please contact the Parish Office if  
you or someone you know would  
like a visit by the Outreach Ministry.

### Parish Contacts

#### Parish Pastoral Council

Colleen Jack	Debbie Yutzi
Fr. Peter Meyer	Jim McInnis
John Bruder	Ken Gallipeau

### Building & Finance Committee

Fr. Peter Meyer	Diane Smith
Maria Diemert	Rick Weishar
Sebastian Siebel-Achenbach	

### Catholic Women's League

Barb Vodicka  
h094.cwlpresident@gmail.com

### Knights of Columbus

Rick Weishar  
gk8192@ontariokofc.ca

### Vocations

Contact [hamiltondiocese.com/vocations/](http://hamiltondiocese.com/vocations/)  
or [resurrectionists.com/vocations](http://resurrectionists.com/vocations)

### New Parishioners

New parishioners, welcome!  
Please register at the office or pick up a  
registration package at the church entrance.

### Bulletin Deadline

Written submissions by Monday noon.

### St. Teresa of Avila School

75 First St. W., Elmira  
519-669-8843 Fax 519-669-4509

### St. David Catholic Secondary School

4 High Street, Waterloo  
519-885-1340 Website: [stdavid.wcdsb.ca](http://stdavid.wcdsb.ca)

Christ has no body now but yours,  
No hands, no feet on earth,  
but yours.

Yours are the eyes through which  
he moves compassion on  
this world.

Yours are the feet with which  
he walks to do good.

Yours are the hands with which  
he blesses all the world.

Prayer of St. Teresa of Avila



✠ Please remember our benefactors and those who have left bequests in your prayers. ✠

## ASCENSION OF THE LORD

### MASSES FOR WEEK OF JUNE 2<sup>ND</sup>

**Tuesday, June 3, 7:05 pm**

**+Theresa Hahn-Siemon;** Leroy Siemon

*The name of Jesus is more than a light, it is also food. Do you not feel an increase of strength as often as you say it? - St. Bernard of Clairvaux*

**Wednesday, June 4, No Mass**

*Every love has a force of its own. Love cannot be inactive in a lover; it cannot but lead in some direction. If you want to see the character of a person's love, see where it is leading. - St. Augustine*

**Thursday, June 5, 12:05 pm**

**+Jack Soeder;** Debbie Yutzi

*What we ourselves cannot bear let us bear with the help of Christ. For he is all-powerful, and he tells us: "My yoke is easy, and my burden light." - St. Boniface*

**Friday, June 6, 10:30 am – St. Boniface School Mass, Maryhill**

*The whole of our life should be a season of prayer. - St. Basil the Great*

**Saturday, June 7, 5:00 pm**

**+Sharon Anstett;** Barb Kelly

**+Regina Truttmann;** Theresa Wuersch

**Sunday, June 8, Solemnity of Pentecost Sunday**

**9:00 am Our Parish Community**

**11:00 am Maryhill**

### READINGS FOR June 7/8

First Reading: Acts 2:1-11

Second Reading: 1 Cor 12:3b-7, 12-13

Gospel Reading: Jn 14:15-16, 23b-26

### HAMILTON DIOCESE PRAYER CALENDAR

#### PLEASE PRAY FOR :

Mon., Jun 2	Rev. Sunil D'Souza, O.C.D.
Tues., Jun 3	Rev. Christopher Tracey
Wed., Jun 4	Barnabite Fathers, C.R.S.P.
Thu., Jun 5	Rev. Edward Henhoeffter
Fri., Jun 6	Catholic Youth
Sat., Jun 7	Rev. Roque Concepcion

### THIS WEEK IN OUR PARISH

**TUE 7:30 p.m. Lector Training – Church**

### MINISTRIES for June 7/8

#### Eucharistic Ministers

5pm	Kathy Ziegler, Tim Baillargeon
9am	Sandi Hutchinson, Iris Miltenburg, Pat Ditner

#### Hospitality

5pm	Sue & Greg Goetz
9am	Paul Shutsa, Carol & Ed Kieswetter

#### Lector

5pm	Kevin Dupuis
9am	Maria Diemert

#### Commentator

Patsy Pond
John Bruder

#### Altar Servers

9am Ella, Libby, Hannah

#### Children's Liturgy

June 8 Linda Bruder, Emily Beynon

### Sign Ministry

June 3 Kieran Kelly

### LIVING ROSARY INTENTION

**That the world might grow in compassion** – Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

### FOODBANK NEEDS

Canned Meat (ham, turkey, chicken) and Canned Fruit

### FROM THE PASTOR'S DESK

Today is World Communications Day. Catholics are invited to reflect upon the media of social communication (films, radio, television, newspapers, audiovisuals) and how these influence our lives. The media can promote values that lead to a more fully human society. The Church's ministry is twofold. The media can be used to help promote the Gospel. At the same time, as receivers of the materials presented by the media, the faithful have a duty to support and promote worthwhile presentations on media and reject those which promote values contrary to spiritual growth.

Fr. Peter Meyer

**BAPTISM** – We welcome into our Parish Family: **Austin Robert Schnurr**, son of Mike and Stephanie and **Charlotte Olivia Ward**, daughter of Bryan and Shannon. *We pray that God will help these children to grow in holiness and wisdom.*

On **Tuesday, June 3rd** at 7:30 p.m. **NEW AND CURRENT LECTORS** are invited to a meeting for orientation and review procedures. Please join us after Mass

Be part of something powerful! Through the Baby Bottle Campaign, we're helping **MARILLAC PLACE** raise \$53,000 to support mothers and babies facing homelessness. In 2024, there was a 62% increase in residents' completion of housing plans—personalized roadmaps to help each mother secure and maintain stable housing. Their AfterCare Program also grew by 88%, offering ongoing emotional and grocery support to families rebuilding their lives. Fill a bottle or donate online by Father's Day! **Pick up a baby bottle or give online using the QR code on the poster in our lobby.**

Join us for **HEAVENLY EATS FOOD TRUCK FRIDAYS** every Friday from 4:30 p.m. to 7:30 p.m. **June 6<sup>th</sup>** the trucks will be **here at St. Teresa's Church**. Proceeds support our group of participating churches. Check out [www.facebook.com/HeavenlyEatsFoodTrucks](http://www.facebook.com/HeavenlyEatsFoodTrucks) each week to see which church and what trucks are there.

The next **PRAYER VIGIL** is **Thursday, June 5<sup>th</sup>** from 10 a.m. to 11 a.m. opposite Freeport Hospital, 3570 King Street East, Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking is across the road at Schneider Park. Any queries, contact Cathy at [cmlamers@rogers.com](mailto:cmlamers@rogers.com) or call 519-742-9025.

### ST. AGATHA PARISH HOMECOMING CELEBRATION –

We warmly invite you to join us on **June 8th** at St. Agatha Parish, 1839 Notre Dame Drive, St. Agatha, for this special event. It will be a joyful opportunity to reconnect with old friends and celebrate the rich history of St. Agatha Parish. Were you baptized or married here? Did your children attend St. Agatha School? **The celebration will begin with Mass at 11:00 a.m.**, followed by lunch and a reception in the parish hall until 3:00 p.m. Enjoy reminiscing with friends, looking through old photos, and viewing the display showcasing the history of our parish. Please join us for this celebration of faith, friendship, and community. Everyone is welcome!

### ACT II (SEPARATED AND DIVORCED SUPPORT GROUP)

on the 3<sup>rd</sup> Tuesday of every month at St. Michael Parish, Waterloo at 7:30 p.m. Our Act II monthly informal support group will continue to meet on the 3<sup>rd</sup> Tuesday of every month, in the Resource Centre/Library. With the support of others, you can begin to heal the emotional, social and spiritual devastation of divorce. Join us when you can. Visit our website ([www.stmichaelw.ca/separated-and-divorced](http://www.stmichaelw.ca/separated-and-divorced)), or contact our Parish office 519-884-9311, or email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca) for more information.

**CONNECTING KIDS: SUMMER PROGRAM** – Connecting mind and body through relaxation techniques and body awareness can improve emotional well-being. Led by a Certified Play Therapist (CPT) and Registered Adult and Child Yoga Teacher (RYT/RCYT), children will be introduced to yoga poses, breath work, mindfulness through playful games, stories and activities. Theraplay activities will provide the opportunity for children to strengthen their ability to connect with others and further develop social skills. For more information or to register please visit <https://woolwichcounselling.org/upcoming-events/program-registration/>.

**MUSIC THERAPY** – Ready to explore the therapeutic power of music? We are excited to announce the launch of Music Therapy as a new service at Woolwich Counselling Centre! Engaging sessions with Melissa Jessop, Registered Psychotherapist, Master of Music Therapy, and Certified Music Therapist, can help with self-expression, improve emotional well-being, and build social skills. Using music intentionally with therapeutic relationships can support development, health, and well-being. Music therapy is also beneficial in helping with:

- Anxiety and depression
- Grief and trauma
- Memory and cognitive challenges
- End-of-life and palliative care
- Self-expression and communication

Music can be the catalyst for change, and it can be fun. Let's make music a part of your journey today! For more information, please visit <https://woolwichcounselling.org/music-therapy/>.

**PARENTING TIP OF THE MONTH** – Parents are the most influential people in their children's lives. They watch every move, take in every word and see how you navigate the world - then they become the mini version of you, their parents. All the traits they take in become part of who they are for life! Help them to be the best people they can be by looking inward and asking yourself if you are doing enough to raise them to be the adult you would like them to be. If not, change how you interact and help them grow strong in mind, body and spirit. From the Family Ministry Office.

**MARRIAGE TIP OF THE MONTH** – The statement 'Families that pray together stay together' is not just a cliché, but also a fact that has research data to prove its impact. To those of us with faith it makes sense, but we sometimes neglect to undertake what we know will be helpful to us. So, take the time to pray as a couple: first thing in the morning, before meals, before going to bed, at Mass and/or any other time you can. It is an easy way to connect and strengthen our relationship. From the Family Ministry Office at 905-528-7988 ext. 2250.

**RESURRECTION VOCATION MINUTE** – Jesus commissions his disciples not because they are perfect, but because they have seen and received his mercy. Discernment for priesthood or religious life begins with being a witness to what God has done in your own life. Our mission stems from the encounter with the Risen Christ, not from our own abilities or skills. Where in your life have you witnessed Christ's mercy, and how might you be called to share that with others?  
Fr. Pawel Szymanowski, C.R.  
[resurrectionistvocation@gmail.com](mailto:resurrectionistvocation@gmail.com)

**VOCATION SEEDS** – The Lord said, "...you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." Pray for an increase of vocations to the ordained and consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988 or email [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

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### STEWARDSHIP REPORT

Offertory collection for May 24/25:	\$ 3,475.30
Building & Maintenance Fund Balance:	\$93,391.73

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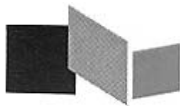
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